**Week: 24 UNIT 12: LET’S EAT**

**Date: 30/ 4/ 2020**

**Period: 69B. Our Food (B2)**

\*New words

* Moderate (adj): Vừa phải
* Balanced(a): cân đối
* Affect(v): aûnh höôûng
* Lifestyle(n) : loái soáng
* Cereal (n): ngũ cốc
* Effect (n): hiệu quả
* amount (n): số lượng
* Diary product(n) : saûn phaåm söûa

( các em đọc bài sau dó trả lòi câu hỏi)

Keys

a/Sugar adds taste to food and It gives you energy.

b/ No,It isn’t. A balanced diet alone is not enough, all people need exercise to keep a healthy life

\* Should

Eat a lot of fruits ,plenty of vegetables,….

Eat a little sugar, ……

\* Shouldn’t

Drink too much coffee.

Eat a lot of fatty food.